

### ***Club Activities ('in house')***

- ✚ Afternoon Tea
- ✚ Air hockey
- ✚ Arts & Crafts- Wood, felt, pottery, seasonal, banners, St. Brigid's Cross, jewellery making
- ✚ Ask members/ families/ carers what they might like to do in the club
- ✚ Bingo- Pictures/ Numbers
- ✚ Board games
- ✚ Bochi
- ✚ Bowls
- ✚ Boxercise
- ✚ Canvas Painting
- ✚ Choir
- ✚ Computer games
- ✚ Cooking/ Baking
- ✚ Curling
- ✚ Dance- Irish, Set, Line, contemporary
- ✚ Disco/ Music/ Singing/ Karaoke
- ✚ Drama
- ✚ Drum circle/ Percussion
- ✚ Exercise Class (e.g., yoga)
- ✚ Exhibitions
- ✚ Fancy Dress
- ✚ Fashion Show
- ✚ Fitness Programme delivered by a Physiotherapist,
- ✚ Games Night- Bean bags, hoops, cones, parachute, etc
- ✚ Games/ Sport
- ✚ Gardening
- ✚ Invite groups/ organisations to your club (e.g., knitting group/ men's shed/ Gardaí, Civil defence, etc)
- ✚ IT/ Phone Skills
- ✚ Lámh Workshop
- ✚ Learning to cycle
- ✚ Life skills (e.g., shopping, money management, using the bus- Dublin Bus have staff to help with this)
- ✚ Live music nights
- ✚ Magician
- ✚ Meditation workshop
- ✚ Movie Night
- ✚ Music Sessions
- ✚ OT- fine & gross motor skills
- ✚ Pamper Day- manicure/ facial (homemade face mask)
- ✚ Party for St Valentine's Day/ St Patrick's Day/ Easter/ Summer/ Halloween/ Christmas
- ✚ Personal care workshops- oral care/ physical care
- ✚ Pitch\_& Putt
- ✚ Pizza making
- ✚ Pottery
- ✚ Quiz

- ✚ Remembrance Service
- ✚ Road Safety
- ✚ Safety Awareness/ Fire safety/ Online safety
- ✚ Snooker
- ✚ Social Stories
- ✚ Sports Tournament
- ✚ Summer projects every July various trips out every day trips away
- ✚ Table Tennis
- ✚ Trad Session
- ✚ Treasure Hunt
- ✚ Unihoc
- ✚ Variety/ Talent Show
- ✚ Yoga/ Mindfulness
- ✚ Zumba

### ***Club Activities (in the community)***

- A meal in a local venue
- Afternoon Tea
- Bowling
- Centre Parcs
- Cinema
- Clonakilty Park Hotel
- Club party in a local hotel
- Concert
- Croke Park tour
- Day trips
- Dooley's Hotel, Waterford
- Enniskillen Activity Centre
- Four Seasons Hotel, Monaghan
- Golf
- Library visit
- Link with local organisations (e.g., visit fire station/ Garda station)
- Local variety show
- Overnight breakaway
- Panto/ Musical/ Theatre
- Tayto Park
- The Greenhills Hotel, Limerick
- The Inn at Dromoland, Clare
- Themed walk
- Train trips
- Visit other Clubs
- Walk in local park
- Watch sport in local venue
- Yeat's Hotel, Sligo
- Zoo/ Farm

## ***Fundraising Ideas***

- ✓ Appeal to local schools for non-uniform day
- ✓ Art Exhibition
- ✓ Auction
- ✓ Bag pack
- ✓ Bucket collection at a local shop
- ✓ Cake sale
- ✓ Car boot sale
- ✓ Car wash
- ✓ Christmas Market Stall
- ✓ Church gate collection
- ✓ Craft fair
- ✓ Dinner dance
- ✓ Fashion show
- ✓ Fundraising Committee
- ✓ Karaoke bingo
- ✓ Last man standing
- ✓ Lions Club
- ✓ Local Council Grant
- ✓ Lotto grant
- ✓ Members get sponsored (e.g., per km they walk)
- ✓ Mini marathon
- ✓ Monaghan Knights of St. Columbanus
- ✓ Parachute jump
- ✓ Quiz
- ✓ Raffle
- ✓ Raffle a large item (e.g., car)- could link with other clubs to share the workload
- ✓ Readathon
- ✓ Rotary Club
- ✓ Sell things members make
- ✓ Special guest appearance at a social event as people can meet friends, invite them to night
- ✓ Sponsored Walk/ Marathon
- ✓ Strictly Come Dancing
- ✓ Tesco blue tokens
- ✓ The Cube
- ✓ Variety Show
- ✓ Weekly subs